



# The Hindu Temple of Greater Chicago

## Yoga Program Liability Waiver

I hereby agree to the following on behalf of myself, my child(ren) and/or my dependent(s):

1. I (herein including myself, my child(ren), and/or my dependent(s)) am participating in yoga related programming during which I, my child(ren), and/or my dependent(s) will receive information and instruction about yoga and health. I recognize that this programming requires physical, mental, and emotional exertion, which may be strenuous and may cause injury, and I am fully aware of the risks and hazards involved to myself, my child(ren), and/or my dependent(s).
2. I understand that it is my responsibility to consult with a physician prior to myself, my child(ren), and/or my dependent(s) participation in any HTGC yoga event or class. I represent and warrant that myself, my child(ren), and/or my dependent(s) have no medical condition that would prevent participation.
3. In light of the COVID-19 pandemic, I understand that the World Health Organization has declared COVID-19 to be extremely contagious. I agree on behalf of myself, my child(ren), and/or my dependent(s) to follow any federal, state, and local government regulations, health agency guidelines, and further agree to follow any preventative measures taken by HTGC Yoga. I understand that despite preventative measures taken to reduce the spread of COVID-19, HTGC Yoga cannot guarantee that myself, my child(ren), and/or my dependent(s) will not become infected with COVID-19. By signing this agreement, I, on behalf of myself, my child(ren), and/or my dependent(s) voluntarily assume the risk of exposure to and/or infection by COVID-19 and assume the risk that such exposure or infection may result in personal injury, illness, permanent disability, and death. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself, my child(ren), and/or my dependent(s).
4. In consideration of being permitted to participate in the yoga program, I agree to assume full responsibility for any risks, injuries or damages, known and unknown, which myself, my child(ren), and/or my dependent(s) incur as a result of participating in the program.
5. In further consideration of being permitted to participate in the yoga program, I knowingly, voluntarily, and expressly waive and forever discharge on behalf of myself, my child(ren), or my dependent(s) any claim I or they may have or may acquire against the Hindu Temple of Greater Chicago, its agents, assignees, employees, instructors, teachers, volunteers, owners, and leaseholders of the building (herein collectively referred to as itself, "Hindu Temple of Greater Chicago", "Hindu Temple of Greater Chicago Yoga Program", "HTGC" and "HTGC Yoga") for injuries or damages sustained as a result of participating in yoga programming, including but not limited to classes or events held by HTGC Yoga.
6. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above on behalf of myself, my child(ren), and/or my dependent(s).